

# PRINCETON UNIVERSITY

## GIRLS VOLLEYBALL DAY CAMP

### Girls Volleyball Elite Prospect Camp

June 8, 2024

*Camp includes instruction, lunch and a camp t-shirt. Hotels and travel arrangements are not provided. All participants will need to secure their own overnight accommodations.*

The Princeton Volleyball Elite Prospect Camp is a single day camp, designed for high-level volleyball players interested in competing at the NCAA Division I level. It is recommended that interested participants have 2 or more years of high-level experience in the sport of volleyball. This all skills camp will be coached by Princeton University Volleyball staff and will focus on advanced technical and tactical aspects of the game, including technical work, small-group games, and game play. This camp will challenge participants in order to prepare them for college level play.

### Saturday, June 8, 2024

- 9:00a | Check-In
- 10:00a | Camp Intro and Overview of Rules
- 10:15a | Training Session 1: College Practice Simulation
- 12:15p | Lunch at the Dining Hall and Campus Tour with Q&A
- 2:15p | Training Session 2: Skills Training and 6v6 Play
- 5:00p | Check-Out at Dillon Gym